

**Privacy Policy
for the websites of Kercz International Limited and
Biobehavioural Resources Centre Inc.**

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Effective and Last Updated: September 1, 2015

'projectrelaxation.com' is the property of Kercz International Limited.

'relaxationbythenumbers.com', 'learntojustrelax.com', 'pathbetterbreathing.com' are the property of Biobehavioural Resources Centre Inc.

Kercz International Limited and Biobehavioural Resources Centre Inc. are legally constituted corporations with offices in Toronto and Whitby respectively.

These websites are owned and operated by **Kercz International Limited and Biobehavioural Resources Centre Inc.** We are committed to protecting the privacy of our visitors while they interact with the content, products and services on these sites (herein referred to as the "**Sites**"). This Privacy Policy applies to the **Sites** only. It does not apply to other websites to which we link. Because we gather certain types of information about our users, we want you to understand what information we collect about you, how we collect it, how that information is used, and how you can control our disclosure of it. You agree that your use of the **Sites** signifies your assent to this Privacy Policy. If you do not agree with this Privacy Policy, please do not use the **Sites**.

1) Information Collected

We collect two types of information from you: i) information that you voluntarily provide to us (e.g. through a voluntary registration process, sign-ups or emails); and ii) information that is derived through automated tracking mechanisms.

- Voluntary Registration Information.

In order to fully access these **Sites**, you must first complete the registration process, during which we will collect personal information about you. The information will include your first name (required), last name (optional), email address (required), and how you found out about us (optional). We do not collect personally identifiable information about you except when you specifically provide such information to us on a voluntary basis.

By registering with us, you consent to the use and method of disclosure as described in this Privacy Policy.

- Voluntary Information for Services and Features

We also collect personally identifiable information when you choose to use certain other features of the **Sites**, including: i) making purchases, ii) consenting to receive email or text messages about upcoming promotions or events, iii) consenting to receive email. When you choose to use these additional features, we may require you to provide additional "Contact Information" that may be required to complete a transaction such as your phone number, billing and shipping addresses. We use PayPal for all purchases so we DO NOT collect your PayPal Account or credit card information. All purchase transactions are conducted on the PayPal website so we do not even see your PayPal account or credit card information. Occasionally, we may also request information such as your shopping preferences and demographics which will help us better serve you and our other users in the future.

- Cookies

A cookie is a piece of data stored on the user's computer tied to information about the user. **Kercz International Limited and Biobehavioural Resources Centre Inc.** uses cookies to store visitor's preferences

and to record session information. We do not and will not use cookies to collect private information from any user that such user did not intentionally submit to us.

2) Referrals

You may choose to invite friends to join the **Project Relaxation** by sending invitation emails via our email and social network features in our Flip Book materials. However, we are not privy to, nor do we store, these email addresses

3) How We Use Your Information

Kercz International Limited and Biobehavioural Resources Centre Inc. only use your personal information for the original purposes it was given. Your personal information will not be sold or otherwise transferred to unaffiliated third parties without your approval at the time of collection.

Kercz International Limited and Biobehavioural Resources Centre Inc will not disclose, use, give or sell any personal information to third parties for any purposes other than to our suppliers and other third parties who need to know in order to deliver services on behalf of **Kercz International Limited and Biobehavioural Resources Centre Inc** unless required to do so by law. Further, **Kercz International Limited and Biobehavioural Resources Centre Inc** reserves the right to contact you regarding matters relevant to the underlying service provided and/or the information collected.

Please note that personally identifiable information is used only to provide you with a more enjoyable, convenient online experience and to help us identify and/or provide information, products or services that may be of interest to you. We use your personally identifiable information to support and enhance your use of the **Sites** and its features, including without limitation: fulfilling your order; providing customer service; and otherwise supporting your use of the **Sites**.

Kercz International Limited and Biobehavioural Resources Centre Inc may use your personal information for target advertising toward you based on things such as region, gender, interests, goals, habits, etc.

We may permit certain trusted third parties to track usage, analyse data such as the source address that a page request is coming from, your IP address or domain name, the date and time of the page request, the referring Web site (if any) and other parameters in the URL. This is collected in order to better understand our Web site usage, and enhance the performance of services to maintain and operate the Site and certain features on the Site. We may use third parties to host the Site; operate various features available on the Site; send emails; analyse data; provide search results and links and assist in fulfilling your orders.

We may transfer personally identifiable information as an asset in connection with a proposed or actual merger or sale (including any transfers made as part of an insolvency or bankruptcy proceeding) involving all or part of our business or as part of a corporate reorganisation, stock sale or other change in control.

Kercz International Limited and Biobehavioural Resources Centre Inc. may disclose Contact Information in special cases where we have reason to believe that disclosing this information is necessary to identify, contact or bring legal action against someone who may be violating our terms and conditions of use or may be causing injury or interference with our rights, property, our customers or anyone who could be harmed by such activities.

You will receive notice when your personally identifiable information might be provided to any third party for any reason other than as set forth in this Privacy Policy, and you will have an opportunity to request that we not share such information.

We use non-identifying and aggregate information to better design our website and for business and administrative purposes. We may also use or share with third parties for any purpose aggregated data that contains no personally identifiable information.

4) How We Protect Your Information

We are committed to protecting the information we receive from you. We take appropriate security measures to protect your information against unauthorised access to or unauthorised alteration, disclosure or destruction of data. To prevent unauthorised access, maintain data accuracy, and ensure the correct use of information, we maintain appropriate physical, electronic, and managerial procedures to safeguard and secure the information and data stored on our system. While no computer system is completely secure, we believe the measures we have implemented reduce the likelihood of security problems to a level appropriate to the type of data involved.

6) Accessing and Updating Your Personal Information and Preferences

We provide mechanisms for updating and correcting your personal information for many of our services. You may modify or remove any of your personal information at any time by logging in to the Project Relaxation Portal and clicking Update Profile.

7) Email Choice/Opt-out

If you no longer wish to receive updates or notifications may opt-out of receiving these communications by clicking Unsubscribe in emails or on web pages.

8) Children's Privacy and Parental Controls

We do not solicit any personal information from children. If you are not 18 or older, you are not authorised to use the **Sites**. Parents should be aware that there are parental control tools available online that can be used to prevent children from submitting information online without parental permission or from accessing material that is harmful to minors.

9) Disclaimer to Security

By consenting to the Terms and Conditions of the **Sites** and hence the Privacy Policy, you consent that no data transmission over the Internet is completely secure. We cannot guarantee or warrant the security of any information you provide to us and you transmit such information to us at your own risk.

10) Notification of Changes

Kercz International Limited and Biobehavioural Resources Centre Inc reserve the right to change this Privacy Policy from time to time at its sole discretion. If at some point in the future, there is a change to our Privacy Policy, unless we obtain your express consent, such change will only apply to information collected after the revised Privacy Policy took effect. Your continued use of the Site indicates your assent to the Privacy Policy as posted.

11) CONTACT INFORMATION:

If you have any questions or concerns regarding this Privacy Policy please contact:

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